

Aloha mai

As you wait for our papa to begin, we invite you to do the following

1

Clear your mind of things happening around you that are distracting you from getting the most out of this experience.

2

Take some deep breaths!

3

Exhale any stress, negativity, worries or anger and inhale pure, pono air.



EA E-LEARNING
HO‘OMĀKAUKAU ‘AI
Food Preparation
Pule #3





KUMU:

‘Anakē Kū Kahakalau

PAPAHANA:

Mea ‘Ono Hua‘Ai



HOUSEKEEPING

- Rename ZOOM: ‘Ohana _____
- Mute your microphone unless you are speaking to all.
- Keep your camera on - unless internet is very poor.
- Participate in all activities
- Remember, the more you talk Hawaiian, the better you will sound.....



ALOHA E (Greeting Chant)

Nā Nālei and Kū Kahakalau

Aloha e

Greetings

Aloha e nā akua

Greetings deities

Aloha e nā ‘aumākua

Greeting ancestors

Aloha e nā ali’i o Hawai‘i

Greetings to the chiefs of Hawai‘i

Aloha e nā kūpuna

Greetings elders

Aloha e nā mākua

Greetings adults

Aloha e ka lehulehu

Greetings to the multitudes

Aloha e

Greetings



E HŌ MAI (Centering Chant)

Nā Edith Kanaka 'ole

E hō mai i ka 'ike mai luna mai e

Grant us knowledge from above

‘O nā mea huna no'eau o nā mele e

About the wisdom hidden in the chants

E hō mai, e hō mai, e hō mai e

Grant it, grant it, grant it.

HANU MAI I KA PONO

HANU AKU I NĀ MEA PONO ‘OLE





**‘O Kū Hinahinakūikahakai
Kahakalau ko‘u inoa.**



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**‘O Honolulu
ku‘u one hānau.**



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‘O Hawai‘i ku‘u mokupuni.



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‘O Hāmākua ku‘u moku.



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‘O Kīlauea ku‘u mauna.



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‘O Makua ku‘u kai.



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‘O Waipi‘o ku‘u awāwa.



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HO‘OLAUNA

‘O _____ ko‘u inoa. (Entire name please)

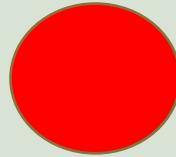
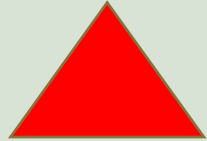
‘O _____ ku‘u one hānau. (Birthplace)

‘O _____ ku‘u *mauna/kai/awāwa/kahakai/pu‘u...* (Choose at least 3)



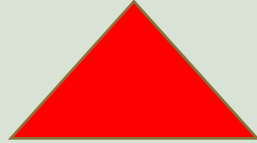
KU'U MO'OKŪ'AUHAU

**Daniela
Kekino
Kahakalau**



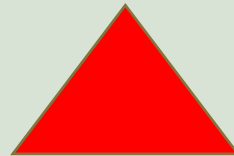
**Keao
Opupele**

**William
Keahonui
Kahakalau**



**Irene
Dow**

**Robert A.
Kahakalau**



**Frieda B.
Schmidt**

Kū Hinahinakūikahakai Kahakalau



‘O WAI KĒIA?



In chat write:

- INOA
- ONE HĀNAU
- ‘ĀINA
- MOKUPUNI
- MAUNA
- KULEANA



NĀ HUA ‘ŌLELO HOU (VOCABULARY WORDS)

THE:

ke - k, a, e, o

ka - rest

nā - plural 2+

___ ‘aina awakea

___ hua‘ai

___ huawaina

___ ipu haole

___ mai‘a

___ ‘āpala

___ ‘ōhelopapa

___ halakahiki

___ pea

___ hē‘ī

___ kinika

___ puna

___ pahi

___ papa‘oki

___ pola

holoi

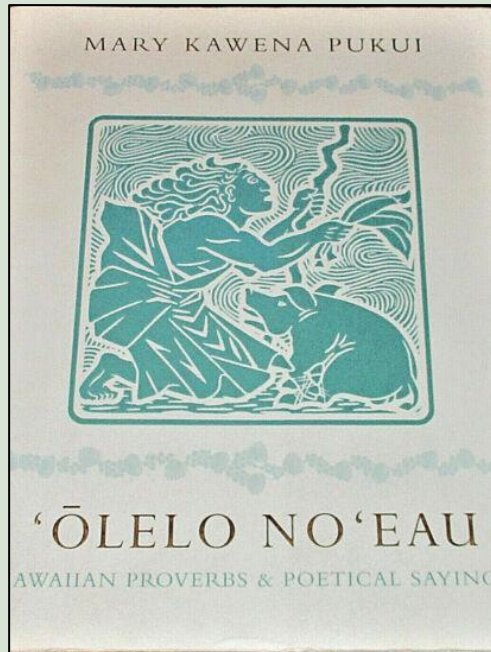
hemo

‘oki

māihi

hui pū





<https://bishopmuseumpress.org/products/olelo-no-eau-hawaiian-proverbs-poetical-sayings>



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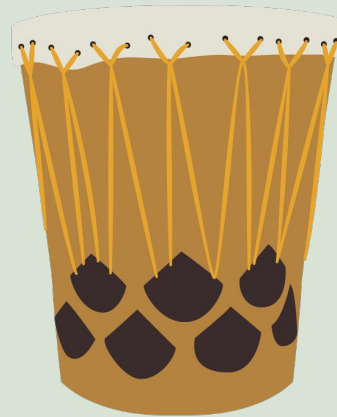
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‘A‘ohe pau ka ‘ike i ka hālau ho‘okahi.

Not all knowledge is contained in one school.

One can learn from many sources.

(O.N.203)



I ulu nō ka lālā i ke kumu.

The branches grow because of the trunk.

Without our ancestors we would not be here.

(O.N.1261)



QUIZLET LIVE



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MEA 'ONO HUA'AI FRUITSALAD





HOLOI LIMA WASH HANDS



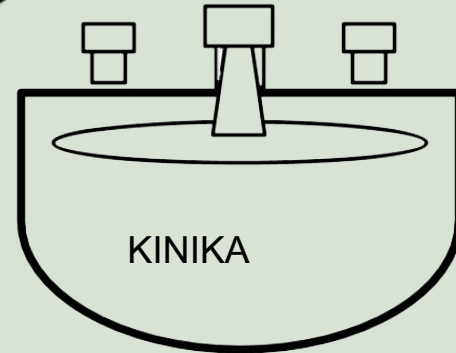
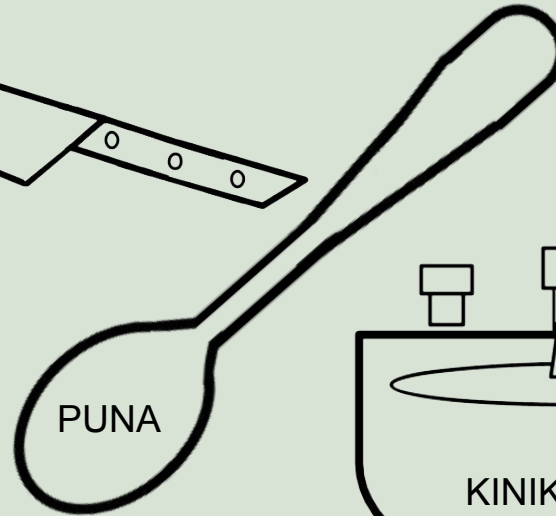
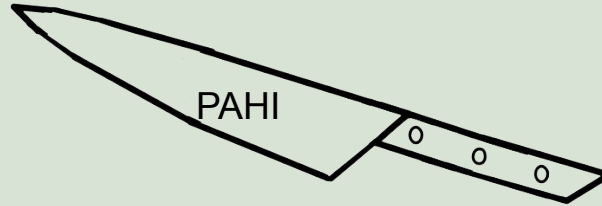
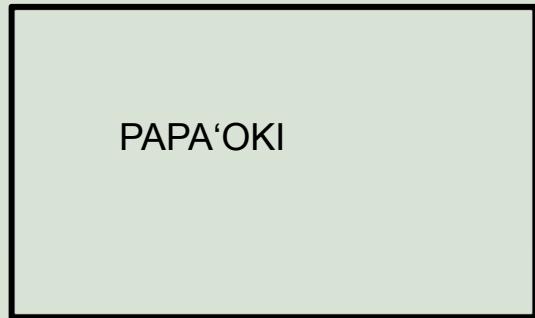
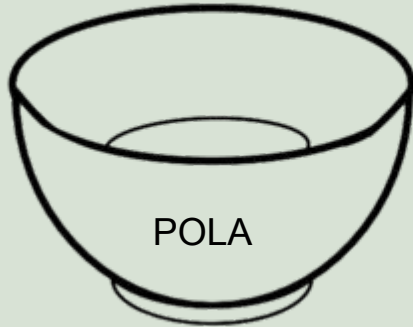
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HO'OMĀKAUKAU

PREPARE YOUR COOKWARE



HŌ‘IKE MAI

HOLD UP YOUR COOKING TOOLS AND REPEAT

___ pola

___ puna

___ pahi

___ papa‘oki

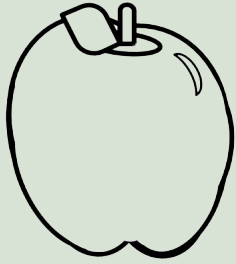
KUHI i ke kinika.



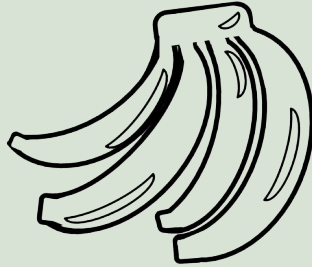
HO‘OMĀKAUKAU

PREPARE YOUR INGREDIENTS

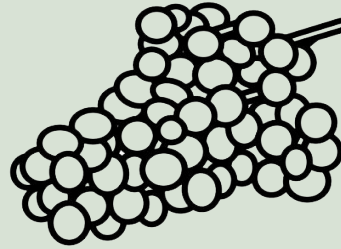
‘ĀPALA



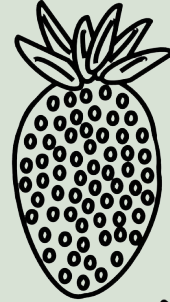
MAI‘A



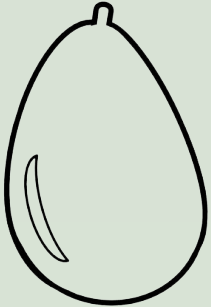
HUA WAINA



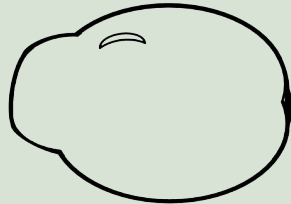
‘ŌHELO PAPA



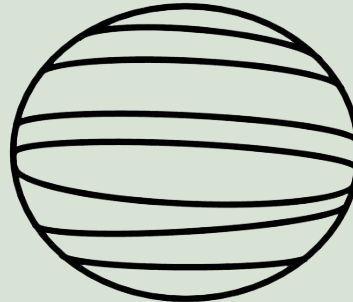
PEA



HĒĪ



IPU HAOLE



HALA KAHIKI



HŌ‘IKE MAI

**HOLD UP YOUR FRUITS AND TELL US IN HAWAIIAN
WHAT FRUITS YOU BROUGHT**

_____ inoa hua‘ai



Helu ‘Ekahi (#1)

Holoi i nā hua ‘ai.

Wash the fruits.



Helu ‘Elua (#2)

Māihi i nā hua ‘ai.

Peel fruits.



Helu ‘Ekolu (#3)

Hemo i nā hua‘ai

Take off the fruits.



Helu ‘Ehā (#4)

‘Oki i nā hua ‘ai.

Cut the fruits.



Helu ‘Elima (#5)

Komo i nā hua ‘ai i loko o ka pola.

Put the fruits in the bowl.



Helu ‘Eono (#6)

Hui pū i nā hua‘ai.

Mix the fruits.



Helu ‘Eono (#6)

‘Ai i ka mea ‘ono hua‘ai.

Eat the fruitsalad.



HŌ, KA ‘ONO!

1. Strong
2. Beautiful
3. Ugly
4. Smart
5. Dirty
6. Stupid
7. Hardhead
8. Big
9. Small
10. Fat
11. Skinny
12. Bitter
13. Sweet
14. Spicy
15. Hot
16. Cold
17. Stink
18. Fragrant
19. Rascal
20. Nice/Kind



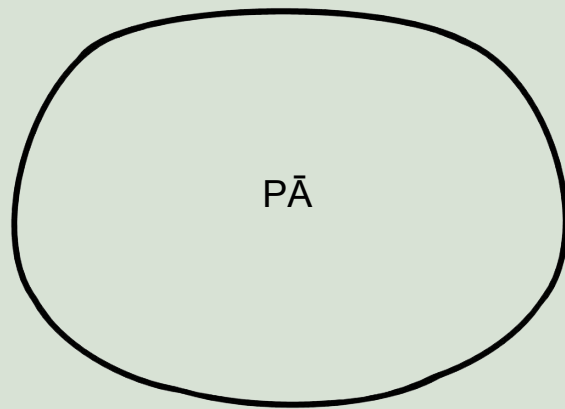
‘Ō



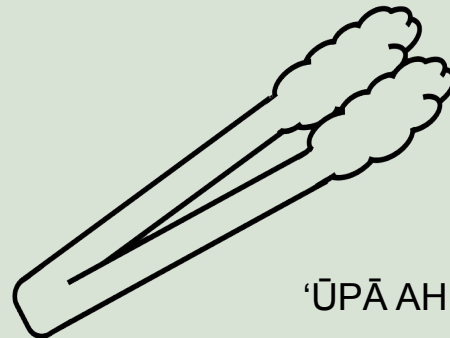
IPU HĀKUI



PĀ



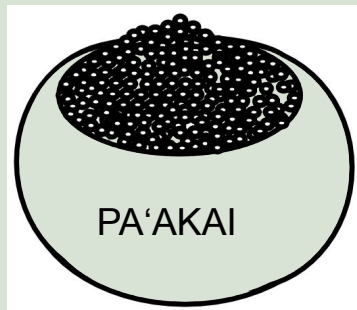
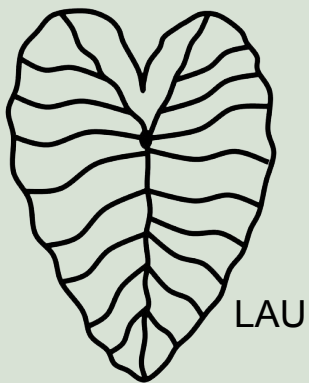
‘ŪPĀ AHI



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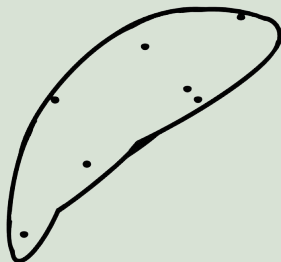
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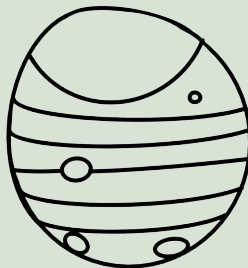
PIPI



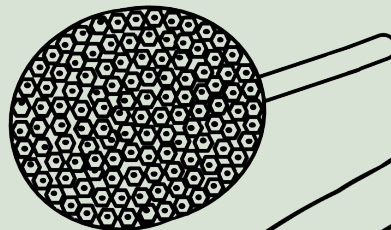
'UALA



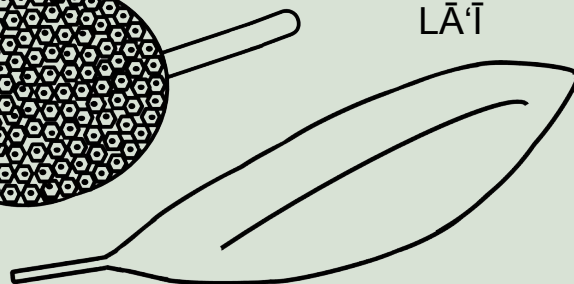
KALO



'ULU



LĀ'Ī



NĀ HELU

1 ‘ekahi / ho‘okahi

2 ‘elua

3 ‘ekolu

4 ‘ehā

5 ‘elima

6 ‘eono

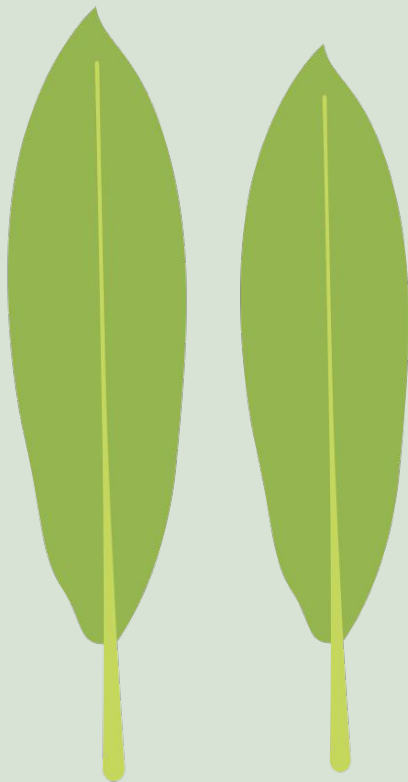
7 ‘ehiku

8 ‘ewalu

9 ‘eiwa

10 ‘umi





‘Ehia lā‘ī no ho‘okahi kanaka?

‘Elua lā‘ī no ho‘okahi kanaka.

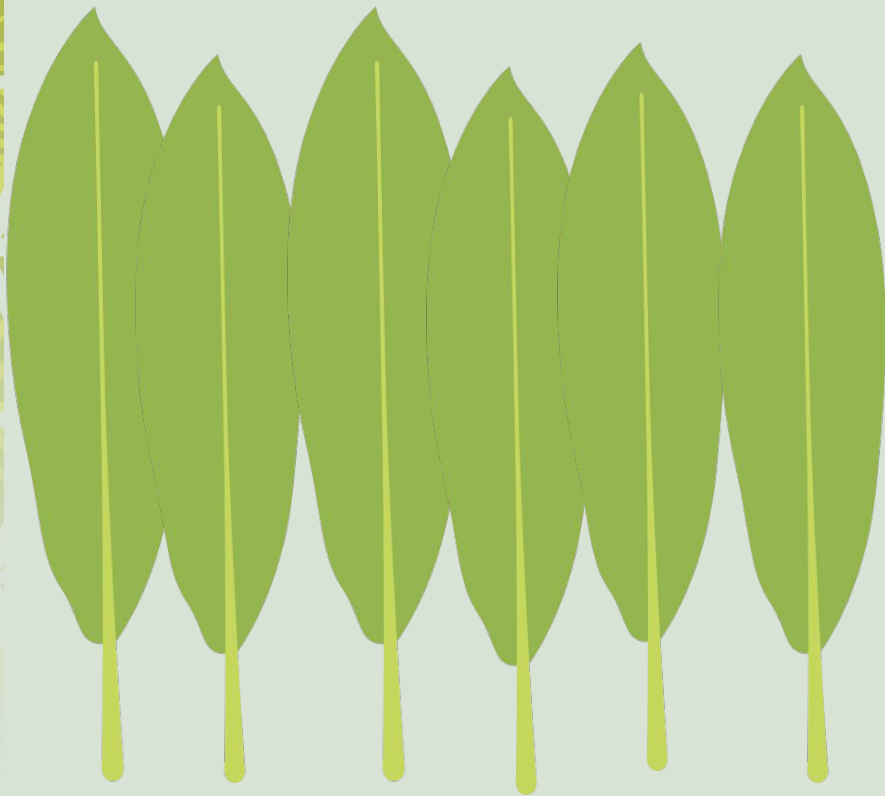




‘Ehia lā‘ī no ‘elua kanaka?

‘Ehā lā‘ī no ‘elua kanaka.

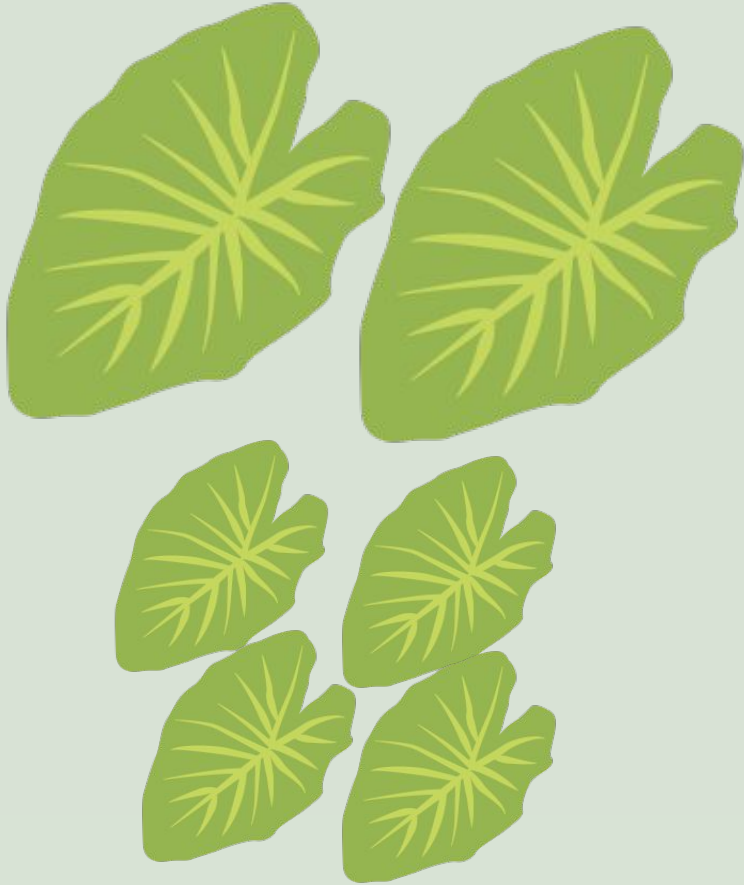




‘Ehia lā‘ī no ‘ekolu kanaka?

‘Eono lā‘ī no ‘ekolu kanaka.





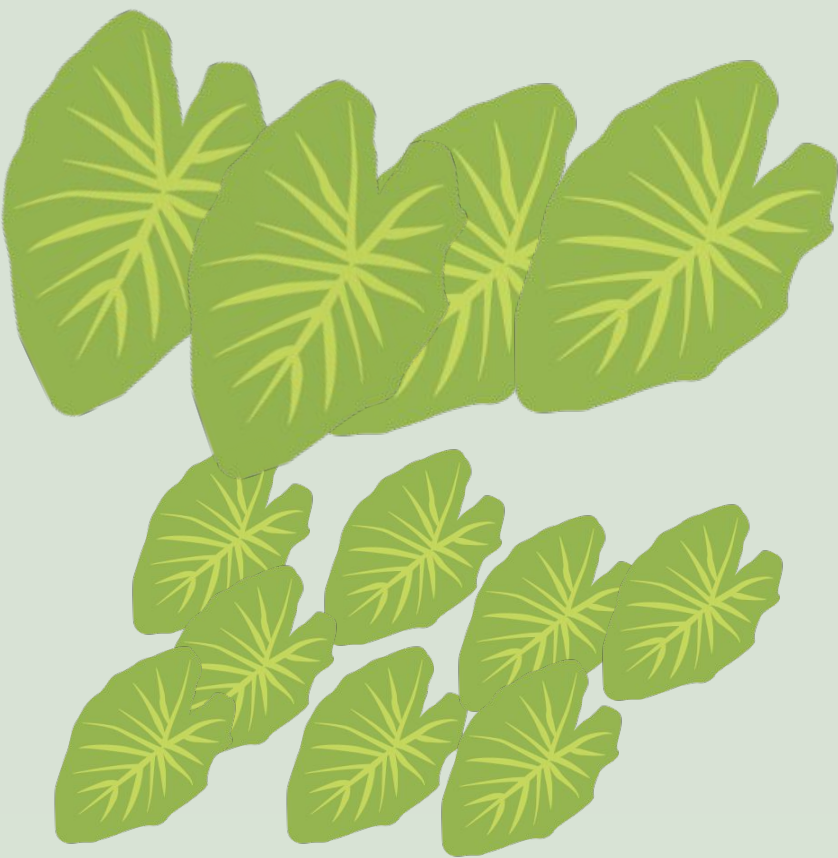
‘Ehia lau kalo nui no ho‘okahi
kanaka?

‘Elua lau kalo nui no ho‘okahi
kanaka.

‘Ehia lau li‘ili‘i no ho‘okahi
kanaka?

‘Ehā lau li‘ili‘i no ho‘okahi
kanaka.





‘Ehia lau kalo nui no ‘elua
kanaka?

‘Ehā lau kalo nui no ‘elua
kanaka.

‘Ehia lau li‘ili‘i no ‘elua
kanaka?

‘Ewalu lau li‘ili‘i no ‘elua
kanaka.



Put in chat how you are feeling:

1



2



3



4



HA‘AWINA HALE (HOMEWORK ASSIGNMENT REVIEW):

- Study LAULAU section on website
- Memorize LAULAU vocabulary using Quizlet and App
- Watch LAULAU video until most of it makes sense
- Practice ALOHA E, MAHALO E and E HŌ MAI
- Practice HO‘OLAUNA (total 5 sentences) and introduce yourself to 5 people you don’t know too well in Hawaiian
- Research your mo‘okū‘auhau, if can, three generations before you.



HA‘AWINA HALE (HOMEWORK ASSIGNMENT REVIEW):

For next class bring:

- papa ‘oki, pahi, pola, ipuhao hākui, ‘ō, pā, ‘ūpā ahi
- 2 lā‘ī per laulau
- 3 lau kalo per laulau (or 2 large, 4 small)
- 1 lb i‘o of choice per laulau
- and/or cooked kalo or ‘ulu, or raw ‘uala
- pa‘akai



WEBPAGE

www.kuakanaka.com/hoomakaukauai

PW: aloha1234



HE MAU NĪNAU?



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MAHALO E (Gratitude Chant)

Nā Nālei and Kū Kahakalau

Mahalo e

Gratitude

Mahalo e ka lehulehu

Gratitude to the multitudes

Mahalo e nā mākua

Gratitude adults

Mahalo e nā kūpuna

Gratitude elders

Mahalo e nā ali'i o Hawai'i

Gratitude to the chiefs of Hawai'i

Mahalo e nā 'aumākua

Gratitude to the ancestors

Mahalo e nā akua

Gratitude to the deities

Mahalo e

Gratitude





A hui hou kākou i kēia pule a‘e.



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